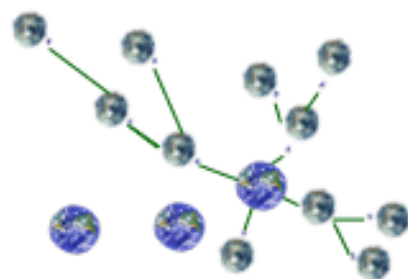


We Teach

We Learn



“First, we all have an inner teacher whose guidance is more reliable than anything we can get from a doctrine, ideology, collective belief system, institution, or leader. Second, we all need other people to invite, amplify, and help us discern the inner teacher's voice”

— [Parker J. Palmer, A Hidden Wholeness: The Journey Toward an Undivided Life](#)

“Good teaching cannot be reduced to technique; good teaching comes from the identity and integrity of the teacher.”

— [Parker J. Palmer, *The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life*](#)

“As I teach, I project the condition of my soul onto my students, my subject, and our way of being together.”

— [Parker J. Palmer, *The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life*](#)

“Every profession that attracts people for “reasons of the heart” is a profession in which people and the work they do suffer from losing heart. Like teachers, these people are asking, “How can we take heart again so that we can give heart to others?”—which is why they undertook their work in the first place.”

— [Parker J. Palmer, *The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life*](#)

“Good teachers possess a capacity for connectedness. They are able to weave a complex web of connections among themselves, their subjects, and their students so that students can learn to weave a world for themselves.”

— [Parker J. Palmer, *The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life*](#)

“We cannot see what is “out there” merely by looking around. Everything depends on the lenses through which we view the world. By putting on new lenses, we can see things that would otherwise remain invisible.”

— [Parker J. Palmer, *The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life*](#)

Education is the attempt to 'lead out' from within the self a core of wisdom that has the power to resist falsehood and live in the light of truth, not by external norms but by reasoned and reflective self-determination.

- Parker J. Palmer

“Good teaching, like any truly human activity, emerges from one's inwardness, for better or worse. As I teach I project the condition of my soul onto my students, my subject, and our way of being together. The entanglements I experience in the classroom are often no more or less than the convolutions of my inner life. Viewed from this angle, teaching holds a mirror to the soul. If I am willing to look in that mirror and not run from what I see, I have a chance to gain self-knowledge-and knowing myself is as crucial to good teaching as knowing my students and my subject.

Parker J. Palmer

— [Parker J. Palmer, The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life](#)

“Relational trust is built on movements of the human heart such as empathy, commitment, compassion, patience, and the capacity to forgive.”

— [Parker J. Palmer, *The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life*](#)

“What does it mean to listen to a voice before it is.”

— [Parker J. Palmer, *The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life*](#)

As good teachers weave the fabric that joins them with students and subjects, the heart is the loom on which the threads are tied: the tension is held, the shuttle flies, and the fabric is stretched tight. Small wonder, then, that teaching tugs at the heart, opens the heart, even breaks the heart—and the more one loves teaching, the more heartbreaking it can be. We became teachers for reasons of the heart, animated by a passion for some subject and for helping people to learn.

[Parker J. Palmer- The Heart of a Teacher](#)

“The more you know about another person's story, the less possible it is to see that person as your enemy.”

— [Parker J. Palmer, *Healing the Heart of Democracy: The Courage to Create a Politics Worthy of the Human Spirit*](#)

“We listen for guidance everywhere
except from within.”

— [Parker J. Palmer, *Let Your Life Speak: Listening for the Voice of Vocation*](#)

“Self-care is never a selfish act-it is simply good stewardship of the only gift I have, the gift I was put on earth to offer to others. Anytime we can listen to true self and give it the care it requires, we do so not only for ourselves but for the many others whose lives we touch.”

— [Parker J. Palmer, Let Your Life Speak: Listening for the Voice of Vocation](#)

“Educate our students as whole people, and they will bring all of who they are to the demands of being human in private and public life. The present and future well being of humankind asks nothing less of us.”

— [Parker J. Palmer](#)

“From first days in school, we are taught to listen to everything and everyone but ourselves, to take in all our clues about living from the people and powers around us.”

— [Parker J. Palmer, Let Your Life Speak: Listening for the Voice of Vocation](#)

“In the presence of a newly minted human being, I am reminded of what wholeness looks like. And I am sometimes moved to wonder, “Whatever became of me?”

— [Parker J. Palmer, A Hidden Wholeness: The Journey Toward an Undivided Life](#)

We are here not
only to transform the
world but also to be
transformed.

Parker J. Palmer